

Organizations Contributing Food and Goods to Bernardine Center

Acme
 Boscov's Granite Run Mall
 Boy Scouts, Essington and St. John Chrysostom
 Collingdale Church of the Nazarene
 Comcast Cable
 Congregation Ohev Shalom
 Curves, Havertown
 Davidson School
 Delaware County Juvenile Probation
 Delaware County Mental Health Services
 Dr. Timothy Martin
 Elwyn NETRAC Program
 Family & Community Service
 Giant Food Stores, Bakery
 Immaculate Conception of Lourdes Parish
 Independent Retirees, United Airlines
 J. Lewis Crozer Library
 Just Best Friends
 Knights of Columbus, St. John
 Martindale's Natural Food Market
 Newcomers & Neighbors
 NGA
 On A Roll Restaurant
 Our Lady of Angels Convent
 Our Lady of Charity Parish & School
 Pharm Pro, Inc.
 Philabundance
 Philadelphia Archdiocese
 Polish American Club
 Post Offices, Chester & Media

PPL Park
 Retired Senior Volunteer Program
 Retired Teachers' Association
 Right at Home
 Rose Tree School
 Sacred Heart Parish, Havertown
 SHARE
 Soccer Hall of Fame
 Sons of Ben
 St. Anastasia Parish
 St. Francis of Assisi Parish
 St. Francis De Sales Parish & Club
 St. George Parish
 St. Hedwig Church
 St. James Alumni
 St. John Chrysostom Parish
 St. John Chrysostom, CCD
 St. Kevin Parish
 St. Madeline Parish
 St. Mark Church, Broomall
 St. Margaret Mary Alacoque
 St. Mary Magdalene Community
 St. Thomas the Apostle
 State Government
 Swarthmore-Rutledge School
 T/E Middle School
 T-FAP Government Program
 Tom Brinker & Helpers
 Trainer Wholesales
 United Way
 USCI Affinity
 Villanova University
 West Council Pioneers
 Widener University

Cooperating Organizations

Andrea O'Donnell Foundation
 Bernardine Franciscan Sisters
 Catholic Social Services
 Chester Education Foundation
 Ches Penn Services
 Chester Healthy Start
 Chester High School

Community Action Agency
 Community Impact Legal Services
 Crozer Chester Medical Center
 Crozer Wellness Center
 Chester Senior Services
 Children and Youth Service

Delaware County Coop Ext.
 Delaware County Interfaith Food Assistance Network
 Delco Family & Youth Service
 Delco Homeless Coalition
 Elwyn NETRAC Program
 Family & Community Service of Delaware County
 Goodwill, Inc.
 Hispanic Resource Center
 Office of Services for the Aging
 Minaret Temple Daughters of Isis

Neumann University
 Overbrook School for the Blind
 PA Hunger Action Center
 Pathways PA
 Philadelphia Archdiocesan Nutritional Development Services
 St. Cornelius Knights of Columbus
 Women, Infants & Children - WIC Program
 Widener University
 Unity Center

Bernardine Center Financial Summary 2011 - 2012

Revenue	
In-kind Food Donations	303,914
In-kind Non-food Donations	48,343
Volunteer Services	43,170
Federal & State Grants	6,867
Individual & Organization Donations	57,008
Bernardine Sisters Mission Fund	60,000
Foundations	43,519
Interest Income	69
Total Revenue	\$562,890
Expenses	
Purchased Food	17,069
Redistributed Food	277,857
Redistributed Non-food Goods	35,463
Outreach Education Programs	5,897
Payroll and Related Expenses	116,541
Volunteer Services Used	43,170
Facility, Utilities, Equipment & Services	17,662
Administrative, Marketing & Supplies	11,425
Total Expenses	\$525,084
Net Income	37,806

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Bernardine Center Annual Report 2011-2012



The Bernardine Center provides a helping hand to low-income Chester area residents by distributing emergency and supplemental food and supplies. It also provides educational programs to help clients build better lives for themselves, their families, and their communities.



Bernardine Center volunteers gather food items, based on clients' menu requests, during a Food Pantry distribution session.

Bernardine Center History 1986-2012

The Bernardine Franciscan Sisters began the Bernardine Center as a 501c3 outreach agency (under the non-profit umbrella of the Archdiocese of Philadelphia) designed and operated to help break the cycle of poverty in the Chester area. Its goals are twofold:

- To meet the needs of economically impoverished families
- To empower individuals and groups to bring about permanent change for themselves, individually and as a community.

Parenting Classes Thirteen individuals including custodial care-givers participated in interactive lessons with specific program goals and objectives to promote stable & strong family relationships. Clients were self-referred as well as referred by the Family Court of Delaware County.

Anger Management Classes Thirty-seven individuals completed a 4-week series of two-hour interactive classes helping to identify hidden and expressed anger in relation to personal control and power issues as seen through anger triggers, warning signs and negative reactions. Participants learned self-talk, self-control, and acceptable expression of angry feelings.

Westside Brunch Three times a week from 10:00 AM - 12 Noon, BC staff and volunteers served nutritious meals and provided opportunities for community fellowship. All area residents were welcome. *Meals were served to:* Households 5,451 including 4,139 Adults; 310 Children; 1,190 Seniors.

Service Policy: The Bernardine Center provides service, programs, and referrals to all in need regardless of gender, race, creed, disability or ability to pay.

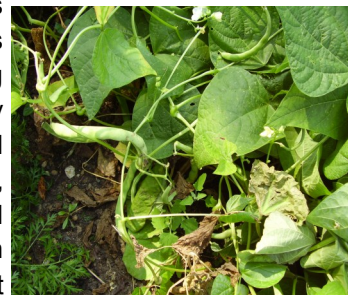
Food Pantry The FY 2011-12 program provided emergency and supplemental food to 3,637 households, as well as servicing 18 homebound seniors each month. The Center distributed 164,413 pounds of food equaling 205,989 meals. Special holiday meals served:

	Households	Individuals
Thanksgiving	276	808
Christmas	234	596

Staff and volunteers unload boxes of donated food from the "Souper Bowl" collection.



Community Garden - The nearby Senior Center and four individuals rented six of BC's eight raised beds to grow and harvest their own produce during the garden's second bountiful season. The Center's own six raised beds behind the building, as well as the remaining two in the Community Garden, produced enough cucumbers, tomatoes, peppers and squash to provide fresh veggies during West Side Brunch.



Computer Lab with seven computers serves to assist individual adults in job searches, typing skills, e-mail accounts, and resume writing, as well as to augment English As A Second Language skills.

Client uses Skype while practicing computer skills



Partnerships to Enhance Services: **BernardineFranciscanSisters** provide support and funds for the Center. **Elwyn's Education Division of Transition- Aged Students with Special Needs** offers service in our Food Pantry and prepares individual meals for distribution to families in need.

Goodwill, Inc. provides a trainee to learn skills and provide service in organizing, stocking and distributing supplemental meals to families seeking assistance.

Overbrook School for the Blind provides service unpacking and stocking food on our pantry shelves.

Widener University Nursing students provided nutrition education and fresh produce to clients as a service learning project, as well as installing Skype onto three of the computers in our Computer Lab.

Volunteers provided 5,485 hours assisting staff to pull, package and distribute food to families during food distribution times, served Westside Brunch meals, taught classes and maintained the community garden.